

## **THE FOLLOWING DIRECTORS ARE SEEKING RE-ELECTION**

### **Frank BOISVENUE**

I became a member of the Kanata Seniors Centre in 2016. In 2017 I joined the Board of the Kanata Seniors Council. I was on the Travel Team then took on the directorship of the Cafe. I was Vice President for the administrations of Kay Dubie, John Kern, and Greg Richardson. The current Board I hold the position of Director at Large.

### **Susan DITMAR**

I fully retired in 2020 from a long career in Software Support, including program development, training, support and project management. I joined the Board as a director in 2022. Since joining I've worked as the Corporate Secretary, Treasurer and have led a number of teams for yearly activities like the Awesome Garage Sale and the Annual General Meeting. I'm also part of many teams coordinating other Council activities.

### **Kay DUBIE**

I have experience as a Human Resources Manager at CTV and with the Girl Guides of Canada. My volunteer work includes with the Girl Guides of Canada, the Catholic Women's League, the Trout Lake Campers Association, and for the last 15 years with the Kanata Seniors Council. When I first joined the council, I found a friendly group of seniors filling their days with friendships, learning and doing stimulating activities. Since the Council is a separate entity from the Centre, as a Board member, I have participated in the work that is done in partnership with the City. I have been involved in the development of some of the programs and events that are held at the Centre and support all of the programs and events, both in the building and outside in various community spaces, that the Council offers. I am also an avid reader and crafter.

### **Sandra FREEMAN**

I contribute to the Kanata Seniors Council Board by actively supporting its mission to enhance the quality of life for older adults in our community. I participate in meetings, share ideas, and collaborate with fellow board members to plan programs, advocate for seniors' needs, and address key issues such as accessibility, social inclusion, and health services. I also help build connections with community partners and listen to feedback from seniors to ensure their voices are represented in decision-making. In addition, I also play a key role in successfully raising funds for the Council, helping to secure financial support that sustains programs and expands services. Through my commitment and teamwork, I aim to make a positive and meaningful impact on the well-being of seniors we serve.

## **Doreen MCNAIR**

I joined the KSC when I moved to Kanata several years ago to meet new people and to volunteer as I had previously done with another Seniors' group where I lived. I enjoy the companionship and the events sponsored by the KSC. As a senior, this organization provides so many activities and opportunities to enjoy. My contribution to the Council varies in that I am the Director of the Café; I also work in the Café once a week. This is very satisfying to me as it gives me the opportunity of seeing first hand the functioning of the Café and a connection with the volunteers. I also volunteer with the Travel and Lifestyles Team, various committees like Far West Fun Fest, the 30th Anniversary committee, etc.

## **Moe SALEH**

Advocating for the Board since the spring of 2023. Authors the Flash, a twice a month happenings email that communicates with our members. Active member with eleven like minded reputable Ottawa based organisations and recognised by our politicians and City Councillors. Established the Board Gathering to strengthening ties between our Board. Was able to advocate Dementia Awareness to be adopted by the Ottawa Police Neighborhood Watch Program.

## **Charanjit WADEHRA (Jeet)**

I retired from Bell High School in January 1993. I am a resident of Kanata for the last 50 years. I have been a volunteer for Ottawa Police as a Business Crime Prevention Coordinator since 1994. I had been a volunteer for WOCRC from 1993 till 2012 as a driver for taking patients to their appointments. I had been on the board of directors for Council on aging from 1996 to 1999. I am a Coordinator for ICCC Punjabi Seniors Association. I was involved in Dhadkan (Heart Beat) for almost 6 years & raised 8 million dollars for Heart Institute of Ottawa. I was involved from 1996 to 2000 for the feasibility committee for Kanata Seniors' Centre.

## **THE FOLLOWING MEMBER IS NOMINATED FOR ELECTION**

## **Niraj CHANDRA**

I am a retired Government of Canada professional Engineer and Senior Advisor with extensive experience in writing, editing, and public communication. I have published numerous letters to the editor in *The Ottawa Citizen* on public policy, environment, healthcare access, and community issues, am a blogger on medium and other platforms writing on social, reflective and spiritual topics, and am the author of a book on renewable energy and one on a spiritual theme. My background experience includes public relations, public speaking and community messaging, and I have knowledge of social media communication such as Facebook, Instagram, and X/Twitter. I am passionate about community engagement and supporting seniors' initiatives through effective communication strategies.