

## Frank Valentine Volunteer Award Nomination Form

Mr. Mrs. Ms. (please circle)  First name Last name  Address  City Province Postal code  Telephone Email  Is the nominee aware of this nomination?  Nominator	
Address Province Postal code  Telephone Email  Is the nominee aware of this nomination?	
City Province Postal code Telephone Email  Is the nominee aware of this nomination?	
Telephone Email  Is the nominee aware of this nomination?	
Is the nominee aware of this nomination?	
Nominator	
Mr. Mrs. Ms. (please circle)	
First name Last name	
Address	
City Province Postal code	
Telephone Email	
<ul> <li>Please write a short summary addressing the following criteria:</li> <li>How has the volunteer helped build a stronger commuseniors?</li> <li>In what specific ways has the volunteer's work benefits seniors in Kanata and the surrounding areas?</li> <li>What was the impact of the volunteer's activities on serwell-being?</li> <li>How do the volunteer's activities demonstrate the spirit volunteering and helping seniors?</li> </ul>	ted niors'

I certify that to the best of my knowledge, nomination is correct.	, the information provided in this
Signature of nominator:	Date
Signature of seconder:	Date

This nomination form must be submitted by **Friday**, **May 24**, **2024**. You may drop off this form to the Council office; at the front desk of the Centre; email to <a href="mailto:council@kanataseniors.ca">council@kanataseniors.ca</a>; or mail to Kanata Seniors Council Inc., 2500 Campeau Drive, Kanata, ON K2K 2W3