

MENUS FOR OCT 2019 - NOTE: MENUS ARE SUBJECT TO CHANGE
CAFÉ HOURS – MON TO FRI – 9:00 AM TO 3:00 PM AND SAT 10:00 AM TO 2:00 PM

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|---|--|---|--|--|---|
| | | 1 <u>CHARTWELL KANATA SUPRISE LUNCH BY ERIC</u> | 2 COFFEE/TEA ONLY CLOSED AT 11:00 AM | 3 <u>SEAFOOD CASSEROLE, SALAD</u> CAFÉ CLOSSES AT 1:45 PM FOR STAFF MEETING | 4 <u>FISH AND CHIPS FRIDAY BY SYMPHONY SENIOR LIVING KANATA</u> | 5. LUNCH & MOVIE SOUP, SANDWICHES, SALAD PLATES |
| 6. <u>CLOSED</u> | 7. FRENCH ONION CHICKEN, MASHED POTATOES, VEGGIE | 8 <u>CHARTWELL KANATA SUPRISE LUNCH BY ERIC</u> | 9. COFFEE/TEA ONLY CLOSED AT 11:00 AM | 10. CHICKEN CASSEROLE, SALAD | 11. <u>FISH AND CHIPS FRIDAY BY SYMPHONY SENIOR LIVING KANATA</u> | 12. SOUP, SANDWICHES, SALAD PLATES |
| 13. <u>CLOSED</u> | 14 <u>CAFÉ CLOSED THANKSGIVING</u> | 15. <u>CHARTWELL KANATA SUPRISE LUNCH BY ERIC</u> | 16. COFFEE/TEA ONLY CLOSED AT 11:00 AM | 17. <u>CAFÉ CLOSED FOR SPECIAL EVENT</u> | 18 <u>FISH AND CHIPS FRIDAY BY SYMPHONY SENIOR LIVING KANATA</u> | 19 SOUP, SANDWICHES, SALAD PLATES |
| 20 <u>CLOSED</u> | 21. BBQ PORK CHOPS, MASHED POTATOES, SALAD | 22 <u>CHARTWELL KANATA SUPRISE LUNCH BY ERIC</u> | 23 COFFEE/TEA ONLY CLOSED AT 11:00 AM | 24. BAKED BEANS & MEATBALLS, SALAD | 25. <u>FISH AND CHIPS FRIDAY BY SYMPHONY SENIOR LIVING KANATA</u> | 26. SOUP, SANDWICHES, SALAD PLATES |
| 27 <u>CLOSED</u> | 28. HAM AND POTATO SCALLOP | 29 <u>CHARTWELL KANATA SUPRISE LUNCH BY ERIC</u> | 30 COFFEE/TEA ONLY CLOSED AT 11:00 AM | 3. PASTA SAUSAGE BAKE, SALAD | | |

TAKE OUT AVAILABLE