

REVISED MENUS FOR SEPT 2019- NOTE: MENUS ARE SUBJECT TO CHANGE
CAFÉ HOURS – MON TO FRI – 9:00 AM TO 3:00 PM AND STARTING SEPT 3 - SAT 10:00 AM TO 2:00 PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>CLOSED</u>	2 <u>CAFÉ CLOSED</u> <u>LABOUR DAY</u>	3 <u>CHARTWELL</u> <u>KANATA</u> <u>SUPRISE LUNCH</u> <u>BY ERIC</u>	4. SOUP, SANDWICHES, SALAD PLATES	5 CHICKEN AND BROCCOLI WITH SALAD	6. <u>FISH AND CHIPS</u> <u>FRIDAY</u> <u>BY SYMPHONY</u> <u>SENIOR LIVING</u> <u>KANATA</u>	7. : <u>PANCAKE</u> <u>BREAKFAST 8:30 TO</u> <u>10:00 AM</u> <u>SOUP AND</u> <u>SANDWICHES</u> <u>STARTING AT 11:30 AM</u>
8. <u>CLOSED</u>	9 MEATLOAF SWEET POTATO CASSROLE	10 <u>CHARTWELL</u> <u>KANATA</u> <u>SUPRISE LUNCH</u> <u>BY ERIC</u>	11 COFFEE/TEA ONLY CLOSED AT 11:00 AM	12 HAMBURGER NOODLE CASSEROLE WITH SALAD	13. <u>CAFÉ OPEN</u> <u>UNTIL NOON,</u> <u>THEN CLOSED</u> <u>FOR EXPO 55</u>	14. LUNCH AND MOVIE – CORDON BLUE CHICKEN (Majorie) SOUP, SANDWICHES, SALAD PLATES
15. <u>CLOSED</u>	16 CHICKN WITH ROASTED POTATOES, SALAD	17 <u>CHARTWELL</u> <u>KANATA</u> <u>SUPRISE LUNCH</u> <u>BY ERIC</u>	18. COFFEE/TEA ONLY CLOSED AT 11:00 AM	19. <u>SPECIAL LUNCH</u> <u>HOSTED BY TIMBERWALK</u> <u>RETIREMENT STARTS 11:30</u> <u>AM. ONLY PEOPLE WITH</u> <u>TICKETS WILL BE</u> <u>ADMITTED.</u>	20 <u>FISH AND</u> <u>CHIPS FRIDAY</u> <u>BY SYMPHONY</u> <u>SENIOR LIVING</u> <u>KANATA</u>	21. SOUP, SANDWICHES, SALAD PLATES
22 <u>CLOSED</u>	23 CHICKEN LASAGNA WITH CASEAR SALAD	24 <u>CHARTWELL</u> <u>KANATA</u> <u>SUPRISE LUNCH</u> <u>BY ERIC</u>	25 COFFEE/TEA ONLY CLOSED AT 11:00 AM	26 MACARONI AND CHEESE WITH SALAD	27 <u>FISH AND</u> <u>CHIPS FRIDAY</u> <u>BY SYMPHONY</u> <u>SENIOR LIVING</u> <u>KANATA</u>	28. SOUP, SANDWICHES, SALAD PLATES
29 <u>CLOSED</u>	30 PORK TENDERLOIN, MASHED POTATOES, VEGGIE					

TAKE OUT AVAILABLE