



**FRANK VALENTINE VOLUNTEER AWARD**  
**NOMINATION FORM**

*The Award is named for Frank Valentine, who was a tireless advocate for seniors' issues in the Kanata region for many years. He was the instigator behind the formation of the Kanata Seniors Council in 1996.*

*The award is to be given to a volunteer who:*

- *is an adult, or couple, 55 years or older, who has provided outstanding leadership to this community, focusing on senior needs*
- *who has consistently improved the quality of life of seniors in our community over a wide range of activities*
- *who has contributed as a volunteer on an ongoing strong and consistent basis, over an extended period of time, to ensure the empowerment of services and continuing enjoyment of the seniors that are provided by the Kanata Seniors Council and Kanata Seniors' Centre.*

*Nominator may be an individual or group and should provide sufficient details to the Selection Committee for an informed assessment of your candidate.*

*Please use reverse or a separate sheet.*

**NOMINEE:**

FIRST NAME \_\_\_\_\_  
 LAST NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_  
 POSTAL CODE \_\_\_\_\_ TEL \_\_\_\_\_  
 e-mail \_\_\_\_\_

**NOMINATOR(S)**

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_  
 POSTAL CODE \_\_\_\_\_ TEL \_\_\_\_\_  
 e-mail \_\_\_\_\_

Is the nominee aware of this nomination? Yes \_\_\_\_\_ No \_\_\_\_\_

To the best of my/our knowledge the information provided is correct.

Signature of nominator(s)

\_\_\_\_\_ Date \_\_\_\_\_

**Return the Nomination Form by Friday May 24, 2019**

**TO:** The Kanata Seniors' Council, 2500 Campeau Dr. Kanata K2K 2W3

**OR:** drop off at front desk Kanata Seniors' Centre (same address) behind John Mlacak Centre.

**For additional information please e mail  
the Kanata Seniors Council at: council@kanataseniors.ca**