

**THE KANATA SENIORS COUNCIL CAFÉ  
IS PUTTING TOGETHER A COOKBOOK OF YOUR,  
AND OUR FAVOURITE RECIPE(S) AS A FUND RAISER  
TO SUPPORT OUR ACTIVITIES.**



**WE WOULD APPRECIATE IT IF YOU  
COULD PROVIDE US  
WITH YOUR SPECIAL RECIPE(S)  
TO BE INCLUDED IN THIS BOOK.**



**PLEASE PROVIDE LIST OF INGREDIENTS FOR YOUR  
DISH(ES) ALONG WITH YOUR NAME AND  
TELEPHONE NUMBER IN CASE WE HAVE TO  
CONTACT YOU.**

**THIS INFORMATION CAN BE PROVIDED BY HARD  
COPY TO THE COUNCIL CAFÉ OR BY E MAIL: C/O  
COUNCIL CAFÉ:**

**[council@kanataseniors.ca](mailto:council@kanataseniors.ca)**

**NO LATER THAN SEPTEMBER 28<sup>TH</sup>**

**THIS COOKBOOK WOULD BE AN EXCELLENT  
HOLIDAY GIFT FOR YOUR FRIENDS AND FAMILY.**