



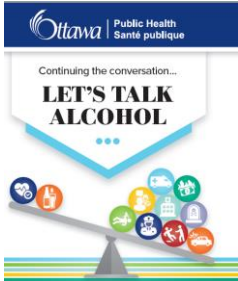
KANATA SENIORS' CENTRE

(Located at the back of the John Mlacak Centre)

2500 Campeau Drive

Telephone: 613-580-2980

Hours Mon-Fri 8:30-4:00; Sat 10:00-4:00



#1172554

Ottawa Public Health will present Let's Talk Alcohol

Ottawa Public Health (OPH) needs your input and reactions about alcohol harms and the community. Be surprised at what you did not know rather than what you do know on the harms alcohol has caused!

Come out and hear more about alcohol in Ottawa, together we can raise awareness about the harms alcohol has caused.

OPH will provide information about alcohol that is factual and meaningful in a fun interactive discussion format.

In Ottawa, did you know alcohol caused:

- Over 4400 public intoxication offences alone last year
- 5700 mental health related emergency rooms visits out of the 6000 overall alcohol ER visits every year
- Men 45-64 have the highest rates of emergency rooms visits related to alcohol
- 70% of the 140 alcohol deaths were men
- **ALL could have been Prevented!**

Come out to learn more and help yourself feel more comfortable talking about the 'elephant in the room' that no one else wants to talk about!

Date: Thursday, April 12, 2018

Time: 1 – 3pm

Free to all Members and Guests. Please ensure you register at front desk to maintain our maximum numbers